

Announcing our version of a gluten-free 72-hour kit. We, who have special dietary needs, need to realize that if or should we say when something occurs and we find ourselves in a situation where we will need to provide for ourselves, we cannot expect the government or the Red Cross to do it. We have the ability right now and so should take advantage of the abundance with which we are blessed. The kits will be \$35 and are standard for adults and children. They need to be ordered and then picked up at a later date. We also have a 72-hour kit list if you would like to prepare your own.

See you at the store for all your gluten-free needs.

The Bell Family

New at the store

Nature's Path – Mesa Sunrise cereal and 26 oz. corn flakes, **NuWorld** Cinnamon Snaps and Cocoa Snaps. **Namaste** mixes, **Glutino** chocolate covered wafer cookies, chocolate covered vanilla wafers and lemon wafer cookies along with cinnamon apple and honey nut cereal (shaped like cheerios), **Charlotte's** delicious pies, chocolate almond cake and rolls by special order, along with their delicious bread, fresh Tuesday and Friday of each week. Please order your pies/cakes/rolls by Saturday for a Tuesday pick-up or by Thursday noon for a Friday or Saturday pick-up. Have a child going to a birthday party and only need a slice of cake? Come on in, we sell cake by the slice. **Enjoy Life** cereals and granola. **Gifts of Nature** flour and baking mixes. **Montina** flour blend

Sugar Cookies

1 cup shortening
1 cup sugar
2 eggs
5-6 cups GF flour blend
1 tsp. salt
1 tsp. baking soda
1 tsp. vanilla
1 tsp. xanthan or guar gum
1 cup sour cream or 1 cup milk or other non-dairy liquid and 1 tsp. vinegar.

Cream shortening and sugar. Add eggs and beat until smooth. Add salt, baking soda, vanilla and xanthan gum. Alternately add sour cream and flour. Roll out with plenty of flour so cookie won't stick to roller. Bake at 350 for 8-10 minutes. Do not allow the top of the cookie to brown, they will be overdone. Allow to cool before frosting, or eat plain.

Frosting – Pillsbury ready made frosting is gluten-free and will color well. To write names on cookies, put frosting in a sandwich bag. Squish it into the corner and cut the tip off the bag. Squeeze gently as much pressure will pop the bag.

Note: If you have a birthday party coming up, call ahead and order a birthday cake. Two layers or sheet. Two layer is 30.00. Sheet cake is 45.00. They are delicious and come in chocolate, chocolate almond and vanilla. Also, don't forget rolls for Sunday dinner. A pie might just be the thing to top off the day.

Rolls \$5.50 per dozen
Pumpkin pie 10.99
Apple pie 11.99
Cherry Pie 11.99
Pecan pie 12.99